



FLOUR CITY PASTA

WILD MUSHROOM FETTUCCINE WITH MUSHROOMS AND BUTTER

We like to do this simple meal with the assorted mushroom pack from the store.

Ingredients:

- 1lb. wild mushroom fettuccine cooked al dente (about 8 minutes).
- 1 lb. assorted wild mushrooms
- ¼ cup butter or olive oil
- ½ cup grated parmesan

Directions:

1. Saute the mushrooms in a medium skillet with the butter until cooked to your liking while the pasta is boiling.
2. Combine the sauce and pasta in a large serving bowl and top with grated parmesan.

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Total Fat 3g 4% Total Carb. 80g 27%			
Serv. Size 1/4 lbs (113g)				
Serv. Per Cont. 3				
Calories 380				
Fat Cal. 25				
Sat. Fat 0.5g 3% Fiber 5g 18%				
<i>Trans</i> Fat 0g Sugars 0g				
Cholest. 0mg 0% Protein 16g				
Sodium 0mg 0%				
*Percent Daily Values (DV) are based on a 2,000 calorie diet.				
Vitamin A 0% • Vitamin C 0% • Calcium 4% • Iron 20%				

INGREDIENTS: Organic Wheat, Durum, Mushroom, Shitake, Natural Wheat Protein, Mushrooms, Chanterelle, Mushroom Rieshi, Mushroom Porcini

CONTAINS: Wheat

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